



## First TRAIL Marker

Reflecting on Reading and Dancing



Directions: Take a step back and reflect on the poetry reading you have done and the dances you've created. Talk with a partner about your decisions and then write about them here.

1. I'm thinking about when I danced...

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(Word/phrase from the poem)

2. When I danced my beginning shape, movement, or ending shape, I...

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(Describe one or more things you did with your body. If you need help, see the **Movement Chart**)

3. When I spoke my part or lines from the poem, I...

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(Describe what you did with your voice. If you need help, see the **Vocal Qualities Chart**.)

4. I did this to show...

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(What feeling or image were you trying to show?)